

GAMES

Bingo: No registration. \$1 at door. Prizes; refreshments served.

Farkle: No registration. \$2 at door. Refreshments served.

Bunco: No registration. \$1 at door. Prizes; refreshments.

Mahjong: No registration or weekly cost.

Game On: No registration or weekly cost; please bring your own refreshments.

RECURRING ACTIVITIES

Let's Get Sewin': Share ideas while learning new skills and contribute to the community by using provided supplies to make projects for area charities. All skill levels are welcome.

Ukuleles Unite: Come meet with other local ukulele players who enjoy playing, singing, and learning new songs. All levels welcome. Bring your ukulele!

Yarn Connection: Learn new skills and have fun with friends. We provide yarn, hooks/needles, patterns, snacks and laughter. Help the community by working on charitable projects. No registration or fee.

EXERCISE CLASSES

Cardio Drumming: Feel like a rock star while getting a workout. All levels are welcome, and equipment is provided. No registration or fee.

Chairside Yoga: This is a gentle form of yoga that can be done seated or using a chair for balance. This class aims to improve flexibility, balance, and strength while increasing focus and muscle tone. No registration or fee.

Vita Band: Use resistance bands for range of motion and strength exercises. Some standing and sitting required. No registration or fee.

Move & Groove: Come step with the COA! Move to the groove and energize your body. 1:1:1 = 1 hour, 1 workout, 1 mile. No registration or fee.

COUNCIL ON AGING POLICIES

The programs and events listed on the calendar are held at the *Council on Aging*, 711 Marshall Street, Ste. 100, unless otherwise noted. Please refer to the individual activity flyer for more detailed information or call 913.684.0777.

Age Eligibility: All activities, programs, and events are open to adults age 50 and older, unless otherwise specified. Contact the Leisure and Learning department, 913.684.0777, for information.

Registration and Payment Policy:

All activities, programs and events require registration unless noted. Specified program fees must be paid at time of registration unless noted as "Pay at Door." Registration is on a first come, first served basis for events hosted at the COA. Participants may register with one other person.

Trip Lottery: Trips, when noted, are filled on a lottery system with a signup for a random drawing held one month prior to the trip. Participants may sign up for the drawing with one additional participant only.

Cancellation Policy: A function that requires a program fee paid in advance must be cancelled more than 3 business days prior to the function to receive a refund unless otherwise specified. Cancellations less than 3 business days prior to the event will not be refunded.

Transportation: If you need transportation to and from any function please call the transportation desk, 913.684.0778 or 913.684.0808, to schedule a ride. Please refer to the transportation policy for scheduling times and rider information. There is a fee for transportation.

Consumer Rights: All services are provided without discrimination on the basis of race, color, religion, national origins, or sex. If you feel you have been discriminated against you have the right to file a complaint. Please contact the Director at 913.684.0777.

For the hearing impaired TTY # 1.800.766.3777

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LEAVENWORTH COUNTY COUNCIL ON AGING

JANUARY 2026

LEISURE & LEARNING PROGRAM

CALENDAR OF EVENTS



Live Well. Age Well.

COUNCIL ON AGING

711 Marshall Street, Ste. 100,


Leavenworth, KS, 66048

Main: 913.684.0777 Fax: 913.684.0779

Transportation: 913.684.0778

E-mail: seniors1st@leavenworthcounty.gov

Website: www.leavenworthcounty.gov/COA

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT.	FEATURED EVENTS
	COUNCIL ON AGING 711 Marshall St., Ste. 100 Leavenworth, KS, 66048 913.684.0777		1 Closed for New Year's Day	2 Chairside Yoga 8:30am Vitaband Exercise 9:45am Mahjong 10:00am Chairside Yoga 10:30am	3 Paint w/Derek 9:00am-12:00pm Learn to Crochet 9:00am-12:00pm	Gather Around: Come celebrate our great state of Kansas with one of the best school lunches ever: cinnamon rolls, and chili with a healthy twist. We will enjoy a white chili that is an easy weeknight meal, a cinnamon roll recipe for two and a delicious corn dip recipe that pairs well with chili. Feel free to wear your best Kansas outfit covered in sunflowers or dressed in the colors of our state flag. Max 24 per class; min. 18. \$10 due at signup; deadline is 1/2. Winter Community Support Drive: Join us at the COA where we will be collecting donated food, hygiene items, cookware, diapers & wipes, blankets, and winter apparel. A full list of needed items can be found on COA's Facebook and website. Knowledge @ Noon: <i>Happiness is homemade...and served in slices.</i> This month's <i>Knowledge @ Noon</i> is inspired by National Pie Day! Join us for a classic and cozy class to learn more about pie history. We will share pie-inspired recipes, both sweet and savory. No cost. Tonganoxie Library. COA VITA Tax Appointment Line is Open: Starting January 20 th , qualified residents can call 913.364.5204 to set up a tax appointment for the 2025 tax season. Beginning January 2 nd , the VITA qualification guidelines will be located in the COA lobby and on the website & Facebook page. If you have additional questions, call the Site Coordinator at 913.684.0733. <i>* Please be patient as our phone line will have a high volume of calls.</i> Mahjong Tournament: Our first tournament went so well, we are excited to host another! The theme for this one is <i>Lunar New Year—Year of the Horse</i> . \$15 includes entry fee, snacks, lunch and prizes. Experienced players only, please. Signup deadline is 1/23.
5 Chairside Yoga 8:30am Coffee Group 9:00am Move & Groove 10:00am Mahjong 1:00pm	6 Cardio Drumming 10:00am	7 Chairside Yoga 8:30am Vitaband Exercise 9:45am Chairside Yoga 10:30am Bingo 1:00pm	8 Cardio Drumming 10:00am <i>Ukuleles Unite</i> 10:00am <i>Sewing on the Line</i> Quilt Guild 1:00pm	9 Chairside Yoga 8:30am Vitaband Exercise 9:45am Mahjong 10:00am Chairside Yoga 10:30am Gather Around 10:00am & 12:30 pm	10 Winter Community Support Drive 10:00am-2:00pm @ the COA	
12 Chairside Yoga 8:30am Move & Groove 10:00am Mahjong 1:00pm <i>Game On</i> 1:00pm	13 Cardio Drumming 10:00am Knowledge @ Noon: <i>Happiness is Homemade</i> <i>What's Next?</i> Loss Support 10:30am <i>Let's Get Sewin'</i> 1:00pm <i>New Theatre Drawing</i>	14 Chairside Yoga 8:30am Vitaband Exercise 9:45am Chairside Yoga 10:30am Bunko 1:00pm Caregiver Support Group 2:00pm	15 Mystery Breakfast 8:30am Cardio Drumming 10:00am <i>Ukuleles Unite</i> 10:00am Yarn Connection 1:00pm	16 Chairside Yoga 8:30am Vitaband Exercise 9:45am Mahjong 10:00am Chairside Yoga 10:30am	17	
19 Closed for Martin Luther King, Jr. Day	20 COA VITA Tax Appointment Line is Open Cardio Drumming 10:00am <i>Outreach @ Exchange Bank in Easton 10:00–10:30am</i> Sing-Along Choir 1:00pm	21 Chairside Yoga 8:30am Vitaband Exercise 9:45am <i>Outreach & Bingo @ West Haven Baptist Church 10:00am</i> Chairside Yoga 10:30am Bingo 1:00pm	22 <i>Outreach @ Linwood Library 9:00am</i> Frontier Army Museum 9:15am Cardio Drumming 10:00am <i>Ukuleles Unite</i> 10:00am <i>Outreach @ Basehor Library 10:30am; Bingo @ 11:00am</i> Dementia Support Group 1pm	23 Chairside Yoga 8:30am Vitaband Exercise 9:45am Mahjong 10:00am Chairside Yoga 10:30am	24	
26 Chairside Yoga 8:30am Coffee Group 9:00am Move & Groove 10:00am Mahjong 1:00pm <i>Game On</i> 1:00pm	27 Cardio Drumming 10:00am <i>What's Next?</i> Loss Support 10:30am Parkinson's Support Group 1:00 pm <i>Let's Get Sewin'</i> 1:00pm <i>Mystery Breakfast Drawing</i>	28 Chairside Yoga 8:30am Vitaband Exercise 9:45am Chairside Yoga 10:30am Farkle 1:00pm	29 Mahjong Tournament 9:30am-3:00pm Cardio Drumming 10:00am <i>Ukuleles Unite</i> 10:00am	30 Chairside Yoga 8:30am Vitaband Exercise 9:45am Mahjong 10:00am Chairside Yoga 10:30am	31	